

A Study of Weakening of Human Relationships among College Students(Abstract)

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Abstract**A Study of Weakening of Human
Relationships among College Students****Kaori Takebuchi**

In recent year, the students who hold anxiety in an interpersonal relationship are increasing. For example, they become sensitive to interpersonal relationship and concern about friend relationship very much. By the survey using an University Personality Inventory for the past ten years of this university, there are many students with interpersonal anxiety. They have no self-confidence, and they become sensitive to communication.

In addition, there is also a lot of consultation of an interpersonal relationship at the Student Counseling Center, and the contents of a consultation are changing from “the case which other party exit.” to “the case which on specific party exit.” There are three cases as follows: First, the case which cannot associate with others in the first place. Second, the case which relation cannot be possible by one-sided communication. Third, the case which avoid communication for fear of getting hurt.

For substantiality of an interpersonal relationship influence a sense of fulfillment and the adaptation of the college life. Therefore, the support of an interpersonal relationship is as important as the mental health of the students.